



California Society of
ANESTHESIOLOGISTS
Physicians for Vital Times

2023 Summer **ANESTHESIA** **CONFERENCE**



July 17-21, 2023

**Four Seasons Resort
at Ko'Olina, Oahu**

2023 CSA Summer Anesthesia Conference

Welcome from the Chair

Dear Colleagues!

Aloha! Time to leave your COVID worries behind and join us for sun, sea, beach, relaxation and fun while learning and networking. On behalf of the California Society of Anesthesiologists (CSA) Education Programs Division, it is my pleasure to invite you to join us at the incredible Four Seasons Ko'Olina on the beautiful island of Oahu for the CSA Summer Anesthesia Conference July 17-21, 2023.

CSA's mission is to spark innovation and professional collaboration through education. Our educational program is designed to expand your skills and knowledge to help you confront the challenges related to the growing complexity of our patients and specialty. We emphasize interdisciplinary learning and delivering collaborative care with a multidisciplinary scientific approach. Our program will not only provide essential tools needed to deliver high-quality patient care but will also address how to shape anesthesia care for the future.

This year's program has been developed in response to educational priorities expressed by prior CSA meeting attendees. We are fortunate to host world class speakers from premier institutions and varied clinical practices. Speakers will offer high-level presentations that are evidence-based with practical take-home points. The program covers a wide range of subspecialty areas including cardiac anesthesia, obstetric anesthesia, pediatric anesthesia, regional anesthesia, and pain management, as well as key areas such as POCUS, preoperative preparation and optimization, ambulatory surgery, and quality improvement. In addition to the wide variety of clinical topics, there will be specialized topics focused on professional development, specifically work life balance, burnout, time management, and leadership, diversity, equity, and inclusion, and enhancing social media presence.

The conference offers 25 hours of CME but is still a perfect balance between education and leisure time. The sessions are held in the mornings leaving the afternoons free for exploration or lounging by the beach or pool. Each day will be themed to allow attendees to focus on areas they are most interested in.

The meeting will be held at Four Seasons Oahu, one of the best world-renowned exclusive resorts on Oahu. The resort provides easy access to excellent beach and ocean activities, world-renowned golf courses, and exciting shopping, dining, and entertainment. Oahu Island is filled with many wonders: experience the scenery by helicopter flight, ziplining or take a drive towards the North shore and visit movie sets and plantations. July weather typically ranges from 75 to 80°F, perfect for exploring the beautiful tropical surroundings. If you are bringing your children, we are conveniently located right next to Disney's Aulani.

I really look forward to seeing you all at the Four Seasons Ko'Olina for what we know will be an extremely rewarding educational experience combined with an incredible Hawaiian escape.

Paul Yost MD, FAAP, FASA
Program Chair



2023 CSA Summer Anesthesia Conference

Our CSA 2023 Summer Anesthesia Conference is a comprehensive program designed to enhance the continuing medical education experience of physician anesthesiologists, fellows, residents, and other healthcare providers. Topics provide updates on the latest clinical information in anesthesiology and its subspecialties, including, but not limited to pain medicine, regional anesthesia, perioperative care, obstetric anesthesia, pediatric anesthesia, and critical care.

Mission Statement

The mission of the Educational Programs Division of the California Society of Anesthesiologists is to provide relevant, timely, high-quality education to anesthesia professionals from California and all over the world. Through a strategic partnership with the American Board of Anesthesiology, CSA provides education that fulfills maintenance of certification requirements for our physician learners.

CSA expects that our participants will improve their competence by increasing their knowledge and skill sets, and/or improve their performance by applying their newly acquired knowledge and skill sets in their practice. Our goal is to enhance our participants' ability to provide quality and safe patient care. It is the belief of the CSA that by improving competence and performance, ultimately patient outcomes will be improved.

Statement of Educational Need

Anesthesiology is a dynamic specialty with significant changes expected on several fronts in the years to come, including new clinical technologies and practices, regulatory changes, business process changes, and overall changes in the health care environment. In addition to covering the latest clinical information, this program seeks to prepare participants for emerging and anticipated changes in the practice of anesthesiology.

Mitigation of Conflicts of Interest

In accordance with the ACCME Standards Integrity and Independence, the CSA adheres to strict guidelines and processes to identify and mitigate conflicts of interest for all individuals in a position to control content of this CME activity.

Credit Designation

The California Society of Anesthesiologists is accredited by the Accreditation Council for continuing Medical Education to provide continuing medical education to physicians.

The California Society of Anesthesiologists designates this live activity for a maximum of 25 AMA PRA Category 1 Credit(s)TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Maintenance of Certification in Anesthesiology

The California Society of Anesthesiologists are pleased to announce that this activity has been approved by the American Board of Anesthesiology® to fulfill 20 hours of the Patient Safety Requirement for Part II of ABA's Maintenance of Certification Anesthesiology Program (MOCA). The Maintenance of Certification in Anesthesiology® and MOCA® are registered certification marks of the American Board of Anesthesiology.

This activity contributes to the patient safety CME requirement for Part II: Lifelong Learning and Self-Assessment of the American Board of Anesthesiology's (ABA) redesigned Maintenance of Certification in Anesthesiology Program® (MOCA®), known as MOCA 2.0. Please consult the ABA website, www.theaba.org, for a list of all MOCA 2.0 requirements. (MOCA®) program logo is a trademark of the American Board of Anesthesiology.



2023 CSA Summer Anesthesia Conference

Faculty Disclosures

Unless otherwise noted, speakers have not had any relevant financial relationships with ineligible companies as defined by ACCME within the past 24 months. All relevant financial disclosures have been mitigated.

Paul Yost, MD, FAAP, FASA

Program Chair

Pediatric and Adult Cardiac Anesthesiologist

CHOC Children's Hospital, St. Joseph's of Orange, Dominican Hospital of Santa Cruz and Sutter Maternity and Surgery Center

ASA Director For California; Chair ASAPAC BOD

Antonio Conte, MD, MBA, FASA

2023 President, California Society of Anesthesiologists

Partner, Southern California Medical Group

Nadia Hernández, MD

Associate Professor of Anesthesiology

Service Chief, Regional Anesthesia & Acute Pain Medicine

Director of Perioperative Point-of-Care Ultrasonography, UTHHealth - McGovern Medical School

Ruth Landau, MD

Virginia Apgar Professor of Anesthesiology, Department of Anesthesiology;

Chief, Division of Obstetric Anesthesia, Columbia University

Consultant: Pacira

John W. Patton III, MD, MBA

HS Assistant Clinical Professor, UCLA Department of Anesthesiology

Consultant: Moderna

Sasha Shilcutt, MD, MS, FASE

Dr. Gail Walling Yanney Professor of Anesthesiology

Vice Chair of Strategy, Department of Anesthesiology, University of Nebraska Medical Center

Educational Learning Objectives

After this activity, participants will be able to:

1. Describe the impact of anesthesia on the developing brain.
2. Decrease opioid use in clinical practice through use of alternative treatment modalities.
3. Develop strategies for mitigating the effects of burnout, stress, and moral injury.
4. Evaluate procedures for appropriateness of use of regional anesthesia.



2023 CSA Summer Anesthesia Conference

Program Schedule

Monday, July 17

6:30 AM

Breakfast/Registration

7:00-8:00 AM



Anesthesia and the Developing Brain

Paul Yost, MD, FAAP, FASA

8:00-9:00 AM



CSE for Labor Analgesia

Ruth Landau, MD

9:00-10:00 AM



Regional Anesthesia: Why Bother

Nadia Hernández, MD

10:00-10:30 AM

Break/Visit the Exhibits

10:30-11:30 AM

Art of Falling Forward

Sasha K. Shillcutt, MD, MS, FASE

11:30 AM-12:30 PM



HIV & COVID - a tale of two pandemics - What Have We Learned?

Antonio Hernandez Conte, MD, MBA, FASA

12:30 PM

Meeting Concludes for the Day

Tuesday, July 18

6:30 AM

Breakfast/Registration

7:00-8:00 AM



Rescue Echocardiography the Basic Exam

Sasha K. Shillcutt, MD, MS, FASE

8:00-9:00 AM



Perioperative Right Heart Failure

Sasha K. Shillcutt, MD, MS, FASE

9:00-10:00 AM



Advances in Enhanced Recovery After Cardiac Surgery

Antonio Hernandez Conte, MD, MBA, FASA

10:00-10:30 AM

Break/Visit the Exhibits

10:30-11:30 AM

Advocacy and Medicine: Hand in Hand

Paul Yost, MD, FAAP, FASA

11:30 AM -12:30 PM



Challenges from Ambulatory Surgery Center

Paul Yost, MD, FAAP, FASA

12:30 PM

Meeting Concludes for the Day

Wednesday, July 19

6:30 AM

Breakfast/Registration

6:15 AM-6:45 AM

Welcome Remarks

7:00-8:00 AM



Caring About Health Disparities and Inequities

John W. Patton III, MD, MBA

8:00-9:00 AM



Wet Taps & Postdural Puncture Headache: Intrathecal Catheters and Epidural Blood Patches

Ruth Landau, MD

9:00-10:00 AM



Genetics and Pain

Ruth Landau, MD

10:00-10:30 AM

Break/Visit the Exhibits

10:30-11:30 AM



Hocus Pocus What's the Focus

Nadia Hernández, MD

11:30 AM-12:30 PM



How Can Anesthesiologists Impact Health Care Disparities in the Perioperative Setting?

Antonio Hernandez Conte, MD, MBA, FASA

12:30 PM

Meeting Concludes for the Day



2023 CSA Summer Anesthesia Conference

Program Schedule

Thursday, July 20

6:30 AM

Breakfast/Registration

7:00-8:00 AM

Using Failure to Learn Better

Sasha K. Shillcutt, MD, MS, FASE

8:00-9:00 AM

Post Operative
Neurologic Injury in Regional
Anesthesia

Nadia Hernández, MD

9:00-10:00 AM

Pain During Cesarean Delivery:
The Latest on a Painful Topic

Ruth Landau, MD

10:00-10:30 AM

Break/Visit the Exhibits

10:30-11:30 AM

Social Media: Leverage Your
Specialty and Career

John W. Patton III, MD, MBA

11:30 AM- 12:30 PM

Pediatric and Adult Difficult
Airway Management. Lessons
From 25 Years of Piere Robin

Paul Yost, MD, FAAP, FASA

12:30 PM

Meeting Concludes for the Day

Friday, July 21

6:30 AM

Breakfast/Registration

7:00-8:00 AM

Spinal Hypotension During
Cesarean Delivery: What's New

Ruth Landau, MD

8:00-9:00 AM

Time Management for
Physicians

Sasha K. Shillcutt, MD, MS, FASE

9:00-10:00 AM

Truncal and Lower Extremity
Blocks

Nadia Hernández, MD

10:00-10:30 AM

Break/Visit the Exhibits

10:30-11:30 AM

Upper Extremity Blocks

Nadia Hernández, MD

11:30 AM-12:30 PM

How to Set Up a Regional Pain
Service in Your Hospital/Surgery
Center

John W. Patton III, MD, MBA

12:30 PM

Meeting Concludes for the Day



2023 CSA Summer Anesthesia Conference



Planning Committee

The following are members of the activity Planning Committee. *Unless otherwise noted, planners and CSA staff have not had any financial relationships with ineligible companies, as defined by ACCME, within the past 24 months and all relevant financial disclosures have been mitigated.*

Paul Yost, MD, FAAP, FASA

Program Chair

Pediatric and Adult Cardiac Anesthesiologist, CHOC Children's Hospital, St. Joseph's of Orange, Dominican Hospital of Santa Cruz, Sutter Maternity and Surgery Center; ASA Director For California; Chair ASAPAC BOD

Richard Applegate II, MD, FASA

Chair, CSA Education Planning Committee

Disclosures: Research Funding: Masimo, Merck (ended 2022), Pfizer, Paion, Haisco

Shalini Shah, MD

Vice-Chair, CSA Education Planning Committee

Disclosures: Allergan - Paid Speaker; Masimo, SPR Therapeutics - Consulting Fees; 3M, J&J - stocks

Ron Pearl, MD, PhD, FASA

President, CSA President

Disclosures: Research Funding: Cerus, Angion, Spectral, Janssen (ended)

The CSA Education Planning Division also reviewed the syllabus and disclosures related to this education activity.



2023 CSA Summer Anesthesia Conference

General Information

Hotel Accommodations

The CSA 2023 Summer Anesthesia Conference will be held at:

Four Seasons Resort Oahu at Ko'Olina

92-1001 Olani Street

Kapolei, Hawaii 96707

P: 808-679-0079 or TF: 844-387-0308

Making Reservations

Once you have registered for the conference we will provide you with the link to book your hotel. Room rates range from \$469-\$569 plus fees.

We also have a small block of rooms at the Disney Aulani. Please let CSA staff know if you are interested in this block of rooms.

Ground Transportation

The Resort offers transportation to and from the airport. Please call and ask the Concierge for private car service arrangements.

LUXURY CAR OR SUV TRANSFERS

The Resort would be happy to arrange transfers to and from the airport for you, taking just 30 minutes. A fleet of spacious Lincoln Navigators seat four people comfortably, while Mercedes Benz sedan cars can fit two people comfortably. Fees apply. Contact Reservations or our Concierge for more information.

TAXI & RENTAL CAR

Taxi and rental services are available. Most major car rental firms operate at the airport. Enterprise is available at the Resort as well as at the airport. Please ask the Concierge for rental car and taxi rates.

UBER & LYFT

Both online services can operate on Oahu. Please refer to the apps for details and arrangements.

How to Register

Register by one of these methods:

1. Online (preferred) <http://www.csahq.org/events>
2. Fax your completed form to: **916.444.7462**
3. Call: **916.290.5830**

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Mark your calendar
for future CSA Anesthesia
CME meetings • Csahq.org/cme



CSA FALL MEETING

November 6-10, 2023
Grand Hyatt Kauai



CSA WINTER MEETING

January 29-February 2, 2024
Grand Wailea, Maui