



California Society of
ANESTHESIOLOGISTS
Physicians for Vital Times

2023 FALL ANESTHESIA CONFERENCE



Learn from the most respected
physician anesthesiologists about
anesthesiology and perioperative care.

November 6-10, 2023
Grand Hyatt, Kauai

Welcome from the Chair

Dear Colleagues!

Aloha! I invite you to leave the cold weather behind and join the California Society of Anesthesiologists (CSA) for our Fall Anesthesia Conference, November 6-10, 2023 at the beautiful Grand Hyatt Kauai Resort & Spa in Hawaii. Learn and network with your peers in the morning, and in the afternoon enjoy Kauai's incomparable beaches and the spectacular views and hikes throughout the Garden Isle of Hawaii.

Our Educational Programs Division has the primary mission of encouraging innovation and professional collaboration through education. This conference is designed to expand your skills and knowledge to help you confront the challenges related to the growing complexity of our patients and specialty. We emphasize a multidisciplinary scientific approach to help you deliver state-of-the-art clinical care now and chart a course toward the anesthesia care of the future.

This year's program has been developed in response to educational priorities defined by prior CSA meeting attendees. We are fortunate to host seven world-class speakers from premier institutions and varied clinical practices, speaking on topics including:

- Regional Anesthesia
- Pain Medicine
- Cardiothoracic Anesthesia
- Pediatric Anesthesia
- Obstetric Anesthesia
- Perioperative Medicine
- Critical Care
- Practice Management Issues

The conference offers 25 hours of accredited CME, which includes 16 hours of MOC Patient Safety credits and daily PBLD's utilizing online polling. The educational sessions are held each morning, leaving afternoons free for exploration of the island's spectacular terrain and waterfalls.

The Grand Hyatt Kauai is only 25 minutes from the airport in Lihue (LIH). The hotel offers two multi-level outdoor pools with a waterslide and connecting "river pools", a 45,000 square-foot indoor/outdoor health and fitness spa, tennis courts, and access to an 18-hole golf course! The beauty of Kauai has been featured in dozens of movies, including South Pacific, Blue Hawaii, Raiders of the Lost Ark, and Jurassic World. The Grand Hyatt is an ideal location since all of Kauai is within a 50-mile drive from the hotel. Kauai has activities for all ages.

For those who are adventurous, there are many activities that are specific to Kauai for you to enjoy, including: hiking along Waimea Canyon (the Grand Canyon of the Pacific) the famous Kalalau Trail, visiting the wettest place on Earth, kayaking along the Wailua river, and braving the hands-free zip lines. You can also explore sea caves on a Zodiac boat, take a snorkel trip, learn to surf, or view the island on a helicopter tour. The less adventurous can visit the five botanical gardens on the island, taste local chocolate on the chocolate farms, visit Koloa Rum or a coffee estate, sample the local shopping and restaurants, or simply enjoy the tropical tradewinds and the relaxed Hawaiian life. The Island is abundant with activities for all levels, you will see why Kauai is my favorite vacation.

We look forward to seeing you at the Grand Hyatt in November for a rewarding educational experience combined with the perfect Hawaiian escape!

Ronald Pearl, MD, PhD, FASA
Program Chair



The annual CSA 2023 Fall Anesthesia Conference is a comprehensive program designed to enhance the continuing medical education experience of physician anesthesiologists, fellows, residents, and other healthcare providers. Topics selected provide updates on the latest clinical information in anesthesiology and its subspecialties.

Statement of Educational Need

Anesthesiology is a dynamic specialty with significant changes expected on several fronts in the years to come, including new clinical technologies and practices, regulatory changes, business process changes, and overall changes in the health care environment. In addition to covering the latest clinical information, this program seeks to prepare participants for emerging and anticipated changes in the practice of anesthesiology.

Accreditation and Credit Designation

The California Society of Anesthesiologists is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education to physicians. The California Society of Anesthesiologists designates this live activity for a maximum of 25 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Maintenance of Certification in Anesthesiology

This activity contributes to the patient safety CME requirement for the CME component of the American Board of Anesthesiology's (ABA) redesigned Maintenance of Certification in Anesthesiology[®] (MOCA[®]) program, known as MOCA 2.0[®]. Please consult the ABA website, www.theABA.org, for a list of all MOCA 2.0 requirements. The 2023 CSA Fall meeting program qualifies for 19 MOCA units.



Maintenance of Certification in Anesthesiology Program[®] and MOCA[®] are registered certification marks of The American Board of Anesthesiology[®]

Educational Learning Objectives

After this activity, participants will be able to:

1. Determine which patients will respond to a fluid bolus.
2. Describe at least three strategies to optimize patient status prior to anesthesia and surgery.
3. Improve approaches to care for obstetric, pediatric, cardiac surgery, and orthopedic patients.
4. Identify opportunities to enhance anesthesia care in under resourced settings.
5. Implement techniques to improve personal wellness.

Faculty Disclosures - Mitigation of Relevant Financial Relationships

The California Society of Anesthesiologists requires all planners, faculty, and any persons in a position to control content for this educational activity to identify all financial relationships with any ineligible company, as defined by ACCME, to determine relevant conflicts of interest. Disclosures of these relevant financial relationships will be published in activity materials and distributed to all registered attendees. All relevant financial disclosures will be mitigated.

Program Chair

Ronald G. Pearl, MD, PhD, FASA

Dr. Richard K. and Erika N. Richards, Professor

Department of Anesthesiology, Perioperative & Pain Medicine
Stanford University School of Medicine

Maxime P. Cannesson, MD, PhD

Professor and Chair
UCLA

Antonio Hernandez Conte, MD, MBA, FASA

Partner, Southern California Permanente Medical Group
Clinical Professor, Kaiser Permanente School of Medicine
CSA President-Elect

Rebecca L. Johnson, MD, FASA

Associate Professor of Anesthesiology
Mayo Clinic College of Medicine, Rochester, MD

Girish Joshi, MBBS, MD, FFARCSI

Professor of Anesthesiology and Pain Management
UT Southwestern Medical Center

Kelly McQueen, MD, MPH, FASA

Ralph M Waters Distinguished Chair in Anesthesiology
University of Wisconsin School of Medicine and Public Health

Amy Vinson, MD, FAAP

Assistant Professor of Anesthesia, Harvard Medical School
Senior Associate in Perioperative Anesthesia,
Boston Children's Hospital



Program Schedule

MONDAY


November 6, 2023


6:15 AM
Registration Opens

6:15-8:30 AM
Breakfast/Registration

7:00 AM
Welcome Remarks


7:00-8:00 AM 
PBLD: How to Avoid Patient
Positioning Injuries
Rebecca L. Johnson, MD, MBA, FASA

8:00-9:00 AM 
Perioperative Management of the
Patient with Pulmonary
Hypertension
Ronald G. Pearl, MD, PhD, FASA

9:00-10:00 AM 
Perioperative Optimization of the
High-Risk Surgery Patient
Maxime Cannesson, MD, PhD

10:00-10:30 AM
Break/Visit the Exhibits

10:30-11:30 AM
HIV & COVID: A Tale of Two
Pandemics Part 1
*Antonio Hernandez Conte, MD,
MBA, FASA*

11:30 AM-12:30 PM 
Regional Anesthesia and
Perioperative Outcomes in
Orthopedic Surgery
Rebecca L. Johnson, MD, MBA, FASA

12:30 PM
Meeting Concludes for the Day

TUESDAY


November 7, 2023

6:30 AM
Registration Opens


6:30-8:30 AM
Breakfast/Registration


7:00-8:00 AM
PBLD: My Colleague Just had a
Horrible Adverse Event: How do I
Help Them?
Amy Vinson, MD, FAAP

8:00-9:00 AM 
Addressing the Global
Anesthesia Crisis
Kelley McQueen, MD, MPH, FASA

9:00-10:00 AM 
Patient Selection for Ambulatory
Surgery: Current Controversies
Girish Joshi, MBBS, MD, FFARCSI

10:00-10:30 AM
Break/Visit the Exhibits

10:30-11:30 AM 
What Should Be Your "Go To"
Brachial Plexus Block?
Rebecca L. Johnson, MD, MBA, FASA

11:30 AM-12:30 PM 
Fast-Track General
Anesthetic Technique
Girish Joshi, MBBS, MD, FFARCSI


12:30 PM
Meeting Concludes for the Day

WEDNESDAY


November 8, 2023

6:30 AM
Registration Opens

6:30-8:30 AM
Breakfast/Registration

7:00-8:00 AM 
PBLD: The Patient with an LVAD
Ronald G. Pearl, MD, PhD, FASA

8:00-9:00 AM
Regional Anesthesia & Acute Pain
Management: Articles That Just
Might Change Your Practice
*Rebecca L. Johnson, MD, MBA,
FASA*

9:00-10:00 AM 
Challenges in Perioperative Pain
*Kelley McQueen, MD, MPH, FASA;
Girish Joshi, MBBS, MD, FFARCSI*

10:00-10:30 AM
Break/Visit the Exhibits

10:30-11:30 AM 
Answering Parent's Questions:
Neurotoxicity & Colds
Amy Vinson, MD, FAAP

11:30 AM-12:30 PM
HIV & COVID: A Tale of Two
Pandemics Part 2
*Antonio Hernandez Conte, MD,
MBA, FASA*

12:30 PM
Meeting Concludes for the Day

Program Schedule

THURSDAY

November 9, 2023

6:30 AM

Registration Opens

6:30-8:00 AM

Breakfast/Registration

7:00-8:00 AM



PBLD: Appendectomy in a Woman with a 34-week Gestation Pregnancy

Kelley McQueen, MD, MPH, FASA

8:00-9:00 AM



State of the Art: Enhanced Recovery After Cardiac Surgery

Antonio Hernandez Conte, MD, MBA, FASA

9:00-10:00 AM



Perioperative Optimization of the High-Risk Surgery Patient

Maxime Cannesson, MD, PhD

10:00-10:30 AM

Break/Visit the Exhibits

10:30-11:30 AM

Creating a Culture of Well-being

Amy Vinson, MD, FAAP

11:30 AM-12:30 PM



Implementing a Perioperative Medicine Program: Opportunities and Challenges

Maxime Cannesson, MD, PhD

12:30 PM

Meeting Concludes for the Day

FRIDAY

November 10, 2023

6:30 AM

Registration Opens

6:30-8:00 AM

Breakfast/Registration

7:00-8:00 AM



PBLD: The High-Risk Surgery Patient

Maxime Cannesson, MD, PhD

8:00-9:00 AM

Late to the Game - Developing a New Perioperative Service in a Tertiary Care Hospital System

Kelley McQueen, MD, MPH, FASA

9:00-10:00 AM



Outpatient Total Knee Arthroplasty: Futuristic or Current Standard of Care?

Girish Joshi, MBBS, MD, FFARCSI

10:00-10:30 AM

Break/Visit the Exhibits

10:30-11:30 AM



Challenges in Pediatric Anesthesia

Amy Vinson, MD, FAAP

11:30 AM-12:30 PM



Sepsis and Septic Shock

Ronald G. Pearl, MD, PhD, FASA

12:30 PM

Meeting Concludes



Planning Committee & Staff

The following are members of the activity Planning Committee.

Richard Applegate II, MD, FASA

Chair, CSA Education Planning Committee

Shalini Shah, MD, MBA

Vice-Chair, CSA Education Planning Committee

Ronald G. Pearl, MD, PhD, FASA

Dr. Richard K. and Erika N. Richards, Professor
Department of Anesthesiology, Perioperative and Pain Medicine
Stanford University School of Medicine



General Information

Hotel Accommodations

The CSA 2023 Fall Anesthesia Conference will be held at:

The Grand Hyatt Kauai

1571 Poipu Rd
Koloa, HI 96756

Making Reservations

Hotel reservation link will be released to registrants once they sign up to attend the meeting. Rooms rates vary, depending on occupancy and amenities, and range from \$275-\$385 per night. Reservations are based on availability only, including prior to the group room block cut off of **October 6, 2023**.

Ground Transportation

Airport Shuttle

Prearranged Roberts Hawaii Express Shuttle provides a Meet and Greet service along with transportation between Lihue Airport and Grand Hyatt Kauai Resort & Spa. Prearranged Shuttle Service guarantees a faster, worry-free arrival and departure.

Roberts Hawaii

www.robertshawaii.com/transportation/groups
800-831-5541

Taxi

Taxi phones and cabs are located curbside at baggage claims areas. Cost is approximately \$50.00 each way.

Hired Drivers

Uber and Lyft are now available on Kauai.

Rental Car

All major companies are represented on Kauai. To pick up your car, proceed from the baggage claim area to the Rent-A-Car booths across the street from the terminal. Avis is available in the lobby of our resort.

How to Register

Register by one of these methods:

1. Online (preferred) <http://www.csahq.org/events>
2. Fax your completed form to: 916.444.7462
3. Call: 916.290.5830

Mark your calendar
for future CSA Anesthesia
CME meetings • Csahq.org/cme



January 29 - February 2, 2024
Grand Wailea, Maui



July 15-19, 2024
Four Seasons, Oahu



November 4-8, 2024
Fairmont Orchid, Big Island of Hawaii

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