



California Society of
ANESTHESIOLOGISTS

2024 WINTER ANESTHESIA CONFERENCE

Learn from the most respected physician anesthesiologists about
anesthesiology and perioperative care



January 29-February 2, 2024
Grand Wailea, Maui

2024 CSA WINTER ANESTHESIA CONFERENCE

Welcome from the Chair

Aloha Colleagues!

I invite you to leave the winter cold behind and join your California Society of Anesthesiologists (CSA) Family in beautiful Maui for the **Winter Anesthesia Conference** at the magnificent **Grand Wailea Waldorf Hotel and Resort**. Learn and network with your peers in the morning, and enjoy the afternoon with Maui's warm and welcoming beaches, hospitality, and much needed relaxation. The Grand Wailea is an exceptional property, perfect for young families and a wonderful opportunity for a CME Getaway!

Our Educational Programs Division has the primary mission of encouraging innovation and professional collaboration through education. This conference is designed to expand your skills and knowledge to help you confront the challenges related to the growing complexity of our patients and specialty. We emphasize a multidisciplinary scientific approach to help you deliver state-of-the-art clinical care now and chart a course toward the anesthesia care of the future.

This year's program has been developed in response to educational priorities defined by prior CSA meeting attendees. We are fortunate to host seven world-class speakers from premier institutions and varied clinical practices, speaking on topics including:

- Regional Anesthesia
- Pain Medicine
- Cardiothoracic Anesthesia
- Pediatric Anesthesia
- Obstetric Anesthesia
- Perioperative Medicine
- Critical Care
- Practice Management Issues

The conference offers 25 hours of accredited CME, which includes 18 hours of MOC Patient Safety credits and daily PBLD's utilizing online polling. The educational sessions are held each morning, leaving afternoons free for exploration of the island's spectacular terrain and waterfalls.

Welcome to Paradise! The Grand Wailea Waldorf Astoria Resort is a legendary historical resort with par excellence service as only expected by the Waldorf Astoria brand. Fronted by the stunning Wailea Beach and surrounded by 40 acres of lush tropical landscape, the resort offers a tropical oceanfront paradise featuring luxurious accommodations with ocean-front balconies, award-winning cuisine, Hawaii's largest private art collection, locally inspired spa treatments, nine extraordinary pools, waterparks and lazy rivers, and championship golf and tennis nearby.

For those wanting to explore the island, Maui's unique landscape and activities cater to just about every interest including hiking Haleakala National Park, famous black sand beaches at Wai'anapanapa State Park, and a day of driving along the Road to Hana. The island offers its history in the Old Lahaina Lu'au, local coffee farms and rum distilleries, or simply enjoy sampling the local restaurants and shopping. For sure, there is something for everyone on this magnificent island.

Don't wait! Schedule your CME time away and enjoy paradise at the Maui Grand Wailea Waldorf Astoria, with **exceptionally low room rates** reserved for CSA attendees.

Truly looking forward to welcoming our CSA family and meeting new faces in Maui in January 2024.

Shalini Shah, MD MBA FASA
Program Chair



2024 CSA WINTER ANESTHESIA CONFERENCE

The annual CSA 2024 Winter Anesthesia Conference is a comprehensive program designed to enhance the continuing medical education experience of physician anesthesiologists, fellows, residents, and other healthcare providers. Topics selected provide updates on the latest clinical information in anesthesiology and its subspecialties.

STATEMENT OF EDUCATIONAL NEED

Anesthesiology is a dynamic specialty with significant changes expected on several fronts in the years to come, including new clinical technologies and practices, regulatory changes, business process changes, and overall changes in the health care environment. In addition to covering the latest clinical information, this program seeks to prepare participants for emerging and anticipated changes in the practice of anesthesiology.

ACCREDITATION AND CREDIT DESIGNATION

The California Society of Anesthesiologists is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education to physicians.

The California Society of Anesthesiologists designates this live activity for a maximum of 25 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



MAINTENANCE OF CERTIFICATION IN ANESTHESIOLOGY

Maintenance of Certification in Anesthesiology Program[®] and MOCA[®] are registered certification marks of The American Board of Anesthesiology[®]

This activity contributes to the patient safety CME requirement for the CME component of the American Board of Anesthesiology's (ABA) redesigned Maintenance of Certification in Anesthesiology[®] (MOCA[®]) program, known as MOCA 2.0[®]. Please consult the [ABA website, www.theABA.org](http://www.theABA.org), for a list of all MOCA 2.0 requirements. This activity is certified for 18 MOCA units.



2024 CSA WINTER ANESTHESIA CONFERENCE

Faculty Disclosures

Mitigation of Relevant Financial Relationships

The California Society of Anesthesiologists requires all planners, faculty, and any persons in a position to control content for this educational activity to identify all financial relationships with any ineligible company, as defined by ACCME, to determine relevant conflicts of interest. Disclosures of these relevant financial relationships will be published in activity materials and distributed to all registered attendees. All relevant financial disclosures will be mitigated.

Program Chair

SHALINI SHAH, MD, MBA

Vice-Chair & Director of Pain Services
University of California, Irvine

BRIAN BATEMAN, MD, MSC

Professor of Anesthesiology, Perioperative and Pain Medicine
Chair, Department of Anesthesiology, Perioperative and Pain Medicine
Stanford University School of Medicine

AMRIT BHANGOO, MD

Section Chair, Division of Pediatric Endocrinology
Director of Research, Division of Pediatric Endocrinology Children Hospital of Orange County (CHOC),
Associate Professor of Pediatrics
University of California, Irvine

ANTONIO HERNANDEZ CONTE, MD, MBA, FASA

Partner, Southern California Permanente Medical Group
Clinical Professor, Kaiser Permanente School of Medicine
CSA President

SANDRA KOPP, MD

Vice Chair, Integration and Convergence, Department of Anesthesiology
Chair, Division of Community Anesthesia
Mayo Clinic

PEGGY MCNAULL, MD

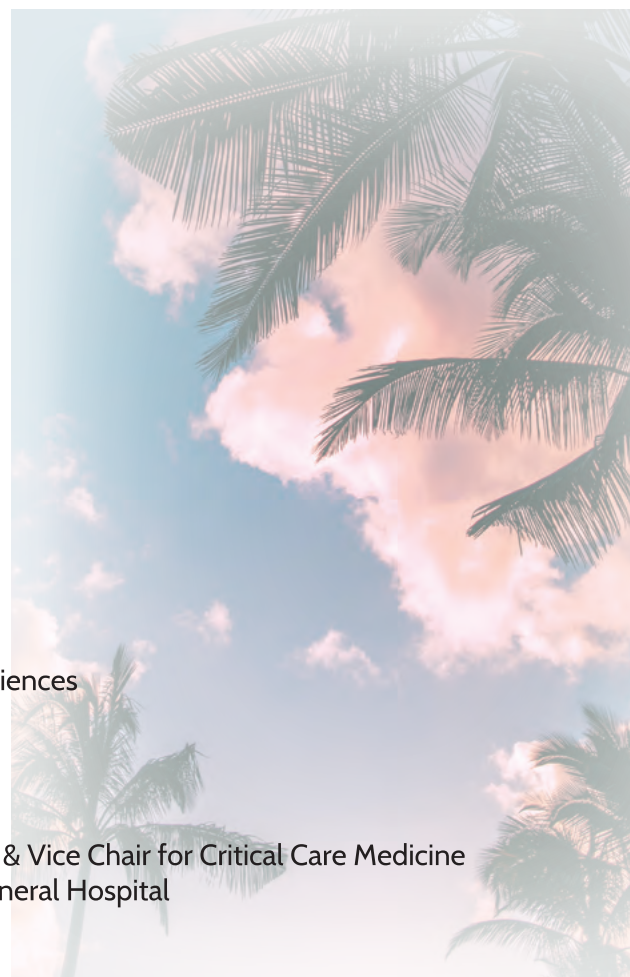
Frederic A. Berry Professor and Chair, Department of Anesthesiology
University of Virginia

DEEPAK SHARMA, MBBS, MD, DM

Endowed Chair, Medical Education and Research
Professor & Division Chief, Neuroanesthesiology & Perioperative Neurosciences
Department of Anesthesiology & Pain Medicine
University of Washington

GEORGE WILLIAMS, MD, FASA, FCCM, FCCP

Professor of Anesthesiology, Critical Care and Pain Medicine and Surgery & Vice Chair for Critical Care Medicine
Medical Co-Director, Surgical Intensive Care Unit- Lyndon B. Johnson General Hospital
Medical Director, Donor Specialty Care Unit
Memorial Hermann Hospital



2024 CSA WINTER ANESTHESIA CONFERENCE

Planning Committee

The following are members of the activity Planning Committee.

RICHARD APPLGATE II, MD, FASA

Chair, CSA Education Planning Committee

SHALINI SHAH, MD, MBA

Vice-Chair, CSA Education Planning Committee

RONALD G. PEARL, MD, PHD, FASA

Dr. Richard K. and Erika N. Richards Professor
Department of Anesthesiology, Perioperative and Pain Medicine
Stanford University School of Medicine

The CSA Education Planning Division also reviewed the syllabus and disclosures related to this education activity.

Learning Objectives

At the conclusion of this activity, participants will be able to:

- Determine which strategies to employ in perioperative nutrition prior to surgery
- Describe at least three strategies to manage patients with cannabis in the perioperative period
- Improve approaches to pathway-based care for obstetric, pediatric, cardiac surgery, and orthopedic patients
- Identify opportunities to enhance anesthesia care hospital leadership
- Utilize objectives and key results (OKRs) as a method to lead a complex medical organization

2024 CSA WINTER ANESTHESIA CONFERENCE

Schedule


MONDAY, JANUARY 29

6:15-8:15 AM
Breakfast/Registration


6:45-7:00 AM
Welcome Remarks
Shalini Shah, MD, MBA


7:00 AM-8:00 AM
HIV and COVID, Past, Present
and Future
Antonio Hernandez Conte, MD,
MBA, FASA

8:00-9:00 AM 
HELP! Keeping Mothers with
Preeclampsia Safe
Brian Bateman, MD, MSC

9:00-10:00 AM 
Advances in Perioperative
Nutrition
George Williams, MD, FASA,
FCCM, FCCP

10:00-10:30 AM
Break/Visit the Exhibits

10:30-11:30 AM 
Case Discussion: Help! My
Patient is a Fontan
Peggy McNaull, MD


11:30 AM-12:30 PM 
Regional Anesthesia in Patients
with Preexisting Neurological
Disorders
Sandra Kopp, MD

12:30 pm
Meeting Concludes for the Day

TUESDAY, JANUARY 30


6:15-8:15 AM
Breakfast/Registration

7:00 AM-8:00 AM
Neuroanesthesia for the
Occasional
Neuroanesthesiologist
Deepak Sharma, MBBS, MD, DM

8:00-9:00 AM 
Development of ERAS
Pathway for Total Joint
Arthroplasty Regardless of
Setting
Sandra Kopp, MD

9:00-10:00 AM
Using OKRs to Lead a Complex
Organization
Brian Bateman, MD, MSC

10:00-10:30 AM
Break/Visit the Exhibits

10:30-11:30 AM 
The Evolving Role of
Anesthesiologists in Organ
Donation
George Williams, MD, FASA,
FCCM, FCCP


11:30 AM-12:30 PM
Pro/Con: Hospital vs
Departmental Leadership
Sandra Kopp, MD;
Peggy McNaull, MD
Moderator: Shalini Shah, MD,
MBA

12:30 pm
Meeting Concludes for the Day

WEDNESDAY, JANUARY 31

6:15-8:15 AM
Breakfast/Registration


7:00 AM-8:00 AM 
Crisis Management in
Neuroanesthesia
Deepak Sharma,
MBBS, MD, DM

8:00-9:00 AM 
Anesthesia for ECT
Brian Bateman, MD, MSC

9:00-10:00 AM
Noninvasive Cardiac Output
George Williams, MD, FASA,
FCCM, FCCP

10:00-10:30 AM
Break/Visit the Exhibits

10:30-11:30 AM
State of the Heart- Enhanced
Recovery after Cardiac Surgery
Antonio Hernandez Conte,
MD, MBA, FASA

11:30 AM-12:30 PM 
Using ASRA Pain Medicine
Guidelines: Interactive
Case-Based Discussion
Sandra Kopp, MD

12:30 pm
Meeting Concludes for the Day

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Schedule

THURSDAY, FEBRUARY 1

6:30 - 8:00 AM

Breakfast/Registration

7:00 AM-8:00 AM 

Perioperative Management of
GLP1 blockers, Diabetes and
Endocrine Disorders
Amrit Bhangoo, MD

8:00-9:00 AM

Delivering and Receiving
Difficult Feedback
Sandra Kopp, MD

9:00-10:00 AM 

Stroke Thrombectomy:
Why & How Should
Anesthesiologists Be Involved
Deepak Sharma, MBBS, MD, DM

10:00-10:30 AM

Break/Visit the Exhibits

10:30-11:30 AM 

Perioperative Cannabis
Guidelines:
What Do We Know?
Shalini Shah, MD, MBA

11:30 AM-12:30 PM 

Perioperative Pediatric
Emergencies: How to
Respond When a Nightmare
Becomes a Reality
Peggy McNaull, MD

12:30 pm

Meeting Concludes for the Day

FRIDAY, FEBRUARY 2

6:30 - 8:00 AM

Breakfast/Registration

7:00 AM-8:00 AM

Advocacy and Academia: The
Perfect Bedfellows
George Williams, MD, FASA,
FCCM, FCCP

8:00-9:00 AM 

Buprenorphine in the
Perioperative Phase of Care:
Updated Guidelines
Shalini Shah, MD, MBA

9:00-10:00 AM 

Enhancing Recovery After
Cranial Surgery
Sharma Deepak, MBBS, MD, DM

10:00-10:30 AM

Break/Visit the Exhibits

10:30-11:30 AM 

Consequential Epidemiology:
Studying the Safety of
Medications in Pregnancy
Brian Bateman, MD, MSC

11:30 AM-12:30 PM 

Faculty Panel: Regulation and
Pathways: Do they Improve
Quality of Care
Brian Bateman, MD, MSC;
Antonio Hernandez Conte, MD,
MBA, FASA;
Deepak Sharma, MBBS, MD, DM;
Peggy McNaull, MD;
George Williams, MD, FASA,
FCCM, FCCP
Moderator: Shalini Shah, MD,
MBA

12:30 pm

Meeting Concludes

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General Information

HOTEL ACCOMMODATIONS

The CSA 2024 Winter Anesthesia Conference will be held at:
Grand Wailea, Maui
3850 Wailea Alanui Drive
Kihei, HI 96753
800.888.6100

MAKING RESERVATIONS

Hotel reservation link will be released to registrants once they sign up to attend the meeting. Rooms rates vary, depending on occupancy and amenities, and range from \$415-\$495 per night. Reservations are based on availability only, including prior to the group room block cut off of December 29, 2023.

GROUND TRANSPORTATION

Group pickups:

Maui SpeediShuttle/Arthur's Limousine

SpeediShuttle and Arthur's Limousine in Maui provide shared and exclusive shuttles as well as sedan, SUV and limousine service to and from the airport or to the destination of your choice. Upon arrival, please check in at the SpeediShuttle / Arthur's counter located in baggage claim. Lei greeting at the gate is available for an additional fee.

Book Online Now or email hmr@speedishuttle.com. To reach by phone, please call (808) 242-7777

Akina Aloha Tours

www.akinatours.com
808.879.2828

Roberts Hawaii

www.robertshawaii.com/transportation/groups
800.831.5541

Maui Airport Taxi

Service is available in the baggage claim area.
Cost: Approximately \$88.00 (up to four people with luggage)

Uber & Lyft

Both Uber and Lyft are on the Island of Maui.

Maui Airport Rental Car Companies

Many rental car companies have locations at the airport in Maui, all easily accessible just outside the terminal.

HOW TO REGISTER

Register by one of these methods:

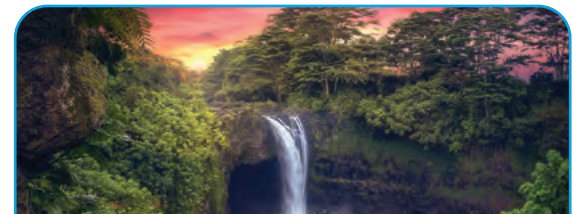
1. Online (preferred)
2. Fax your completed form to: **916.444.7462**
3. Call: **916.290.5830**

Mark your calendar
for future CSA Anesthesia
CME meetings • CsaHQ.org/cme



2024 CSA SUMMER MEETING

July 18-23, 2024
Four Seasons Ko'Olina, Oahu



2024 CSA FALL MEETING

November 14-18, 2024
Fairmont Orchid, Big Island



2025 CSA WINTER MEETING

January 23-27, 2025
Maui Westin, Kaanapali