



California Society of  
**ANESTHESIOLOGISTS**  
*Physicians for Vital Times*

# 2023 WINTER ANESTHESIA CONFERENCE

*Learn from the most respected  
physician anesthesiologists  
about anesthesiology  
and perioperative care*



**January 23-27, 2023**

**The Westin Maui Resort & Spa, Ka'anapali**



## WELCOME FROM THE CHAIR

### *Dear Colleagues,*

Aloha! Leave the winter weather behind and join the California Society of Anesthesiologists (CSA) in Maui, at the wonderful Westin Maui Resort and Spa in Ka'anapali, for our Winter Anesthesia Conference, January 23-27, 2023! Learn and network with your peers in the morning, and in the afternoon enjoy Maui's incomparable beaches or a spectacular drive along the Hana Highway.

Our Educational Programs Division has the primary mission of encouraging innovation and professional collaboration through education. This conference is designed to expand your skills and knowledge to help you confront the challenges related to the growing complexity of our patients and specialty. We emphasize a multidisciplinary scientific approach to help you deliver state-of-the-art clinical care now, and chart a course toward the anesthesia care of the future.

This year's program has been developed in response to educational priorities defined by prior CSA meeting attendees. We are fortunate to host world-class speakers from premier institutions and varied clinical practices, speaking on topics including:

- REGIONAL ANESTHESIA
- PAIN MEDICINE
- CARDIOTHORACIC ANESTHESIA
- PEDIATRIC ANESTHESIA
- OBSTETRIC ANESTHESIA
- PRACTICE MANAGEMENT ISSUES

The conference offers 25 hours of accredited CME balanced between education and leisure time. The educational sessions are held each morning, leaving afternoons free for exploration of the island's spectacular terrain and waterfalls, water sports at Ka'anapali Beach, or relaxing at any of the hotel's six pools overlooking the beach.

The Westin Maui is about 45 minutes from the main Maui airport, Kahului (OGG). It offers an award-winning spa, easy access to nearby golf courses, a newly designed family play area with an interactive splash zone, and a 270-foot water slide! The adventurous can hike the dormant Haleakala volcano or fly above it on a helicopter tour. Learn about Maui history and culture at Banyan Tree Park or the Old Lahaina Luau, or get acquainted with the local aquatic wildlife at the Maui Ocean Center. Book a pineapple farm tour, a snorkeling adventure, or a sunset cruise. The only problem you'll have is deciding among your options!

We look forward to seeing you at the Westin Maui in January for a rewarding educational experience combined with the perfect Hawaiian escape!

*Karen Sibert, MD, FASA*

**PROGRAM CHAIR**



# 2023 CSA WINTER ANESTHESIA CONFERENCE

*The annual CSA 2023 Winter Anesthesia Conference is a comprehensive program designed to enhance the continuing medical education experience of physician anesthesiologists, fellows, residents, and other healthcare providers. Topics selected provide updates on the latest clinical information in anesthesiology and its subspecialties.*

## STATEMENT OF EDUCATIONAL NEED

Anesthesiology is a dynamic specialty with significant changes expected on several fronts in the years to come, including new clinical technologies and practices, regulatory changes, business process changes, and overall changes in the health care environment. In addition to covering the latest clinical information, this program seeks to prepare participants for emerging and anticipated changes in the practice of anesthesiology.

## ACCREDITATION AND CREDIT DESIGNATION

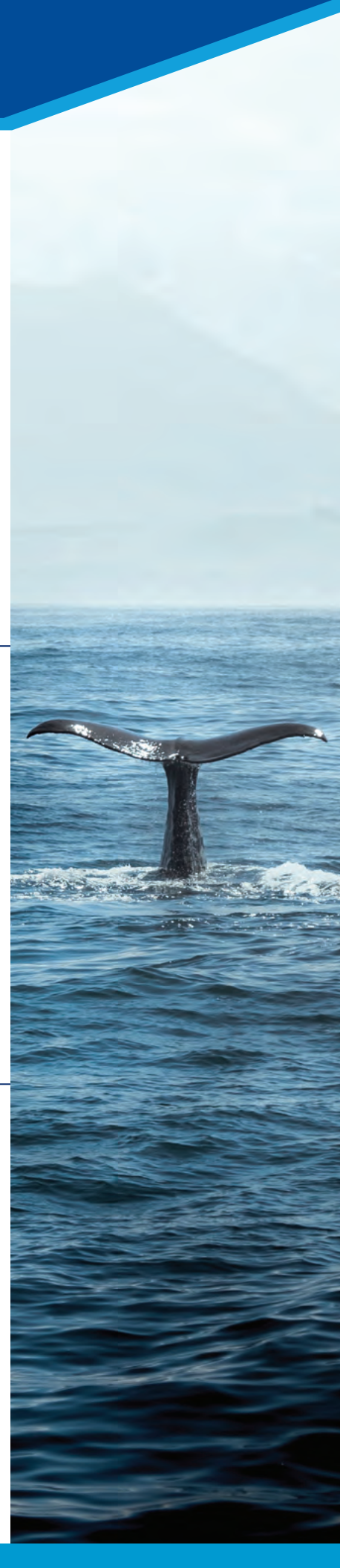
The California Society of Anesthesiologists is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education to physicians.

The California Society of Anesthesiologists designates this live activity for a maximum of 25 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



## MAINTENANCE OF CERTIFICATION IN ANESTHESIOLOGY

The California Society of Anesthesiologists is pleased to announce that the CSA 2023 Winter Conference has been approved by the American Board of Anesthesiology to fulfill 19 hours of the Patient Safety Requirement for Part II of ABA's Maintenance of Certification in Anesthesiology Program (MOCA<sup>®</sup>). The Maintenance of Certification in Anesthesiology<sup>™</sup> (MOCA<sup>®</sup>) program logo is a trademark of the American Board of Anesthesiology.





## FACULTY DISCLOSURES

In accordance with the ACCME Standards for Integrity and Independence, the CSA adheres to strict guidelines and processes to identify and mitigate relevant financial relationships for all individuals in a position to control the content of this activity. Unless otherwise noted, faculty did not have any financial relationships with ineligible companies, as defined by ACCME, within the past 24 months. All relevant financial relationships have been mitigated.

### **KAREN SIBERT, MD, FASA (PROGRAM CHAIR)**

Clinical Professor, Department of Anesthesiology & Perioperative Medicine, UCLA Health

### **AMR ABOULEISH, MD, FASA**

Division Chief of Pediatric Anesthesiology, University of Texas Medical Branch, Galveston, Texas

**Consultant:** ECG Consulting

### **CHAD BRUMMETT, MD**

Professor, University of Michigan

**Consultant:** Heron Therapeutics

### **RANDALL CLARK, MD, FASA**

Professor, University of Colorado, President, American Society of Anesthesiologists

**Shareholder:** General Electric Co. (current); Bolder Surgical, LLC (ended Nov. 2021)

### **STEVEN HADDY, MD, FACC**

Vice-Chair for Departmental Affairs, Department of Anesthesiology, Keck School of Medicine of USC

### **JOY HAWKINS, MD, FASA**

Professor, University of Colorado School of Medicine

### **EDWARD MARIANO, MD, MAS, FASA**

Professor of Anesthesiology, Perioperative and Pain Medicine; Chief, Anesthesiology and Perioperative Care Service, Veterans Affairs Palo Alto Health Care System, Stanford University School of Medicine, CSA President

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## EDUCATIONAL LEARNING OBJECTIVES

*After this activity, participants will be able to:*

1. Develop a plan or protocol within their practice locations to optimize the evaluation and care of the patient with advanced cardiopulmonary disease including pulmonary hypertension or a chronic LVAD.
2. Articulate the safety lessons that can be learned from the aviation industry and apply them to the challenges of improving safety in the anesthesia workplace.
3. Recognize the special anesthetic risks of former premature infants and formulate plans for addressing frequent pediatric issues such as upper respiratory infections.
4. Demonstrate familiarity with the new CDC guidelines for opiate use and develop strategies for the management of pain relief for patients with opioid tolerance or other substance use disorders.
5. Develop strategies for anesthesia and analgesia for outpatient total joint arthroplasty procedures.
6. Identify barriers to improving obstetric outcomes in patients of differing racial and ethnic backgrounds.



## PROGRAM SCHEDULE

### SUNDAY, JANUARY 22

3:00-6:00 PM  
Exhibitor Set Up

4:00-6:00 PM  
Registration & Welcome Snacks  
\*Exhibits open during this time


### MONDAY, JANUARY 23

6:15 - 6:45 AM  
Breakfast/Registration

6:45-7:00 AM  
Welcome Remarks

7:00 AM-8:00 AM  
Urban Legends in Anesthesia  
Economics  
Amr Abouleish, MD, FASA

8:00-9:00 AM   
Pulmonary Hypertension  
and Non-Cardiac Surgery  
Steve Haddy, MD, FACC

9:00-10:00 AM   
The New CDC Guidelines  
for Prescribing Opioids:  
What's all the Fuss About?  
Chad Brummett, MD

10:00-10:30 AM  
Break/Visit the Exhibits

10:30-11:30 AM   
Take-off and Landing:  
What Anesthesiology Can Learn  
from Aviation  
Randall Clark, MD, FASA

11:30 AM-12:30 PM   
What's the Latest?  
Labor Analgesia and Cesarean  
Anesthesiology  
Joy Hawkins, MD, FASA


12:30 pm  
Meeting Concludes for the Day

### TUESDAY, JANUARY 24


6:30 - 8:00 AM  
Breakfast/Registration


7:00 AM-8:00 AM  
Lessons Learned from a Year as  
ASA President  
Randall Clark, MD, FASA

8:00-9:00 AM   
Obstetric Hemorrhage: Why  
is it Different?  
Joy Hawkins, MD, FASA

9:00-10:00 AM   
Make It Work: Maximizing  
Success with One-Lung  
Ventilation for the Occasional  
Thoracic Anesthesiologist  
Karen Sibert, MD, FASA

10:00-10:30 AM  
Break/Visit the Exhibits


10:30-11:30 AM   
Opioid-Free Anesthesia: Major  
Advance or Not a Chance?  
Chad Brummett, MD, and Ed  
Mariano, MD, MAS, FASA

11:30 AM-12:30 PM   
Personalizing Pain Medicine:  
Making Nerve Blocks Last as  
Long as Patients Need Them  
Ed Mariano, MD, MAS, FASA


12:30 pm  
Meeting Concludes for the Day

### WEDNESDAY, JANUARY 25

6:30 - 8:00 AM  
Breakfast/Registration


7:00 AM-8:00 AM   
My Emergency  
Patient has a Chronic LVAD!  
Steve Haddy, MD, FACC

8:00-9:00 AM   
Anterior Mediastinal Mass:  
How Worried Should I Be?  
Karen Sibert, MD, FASA

9:00-10:00 AM   
Pre-Anesthesia Issues in  
Children: URIs, Choice of  
Premedication, and More!  
Amr Abouleish, MD, FASA

10:00-10:30 AM  
Break/Visit the Exhibits

10:30-11:30 AM   
Acute and Post-Surgical Pain  
Prediction and Treatment  
Chad Brummett, MD

11:30 AM-12:30 PM   
Postoperative Apnea  
in Former Premature Infants  
Amr Abouleish, MD, FASA

12:30 pm  
Meeting Concludes for the Day







## PROGRAM SCHEDULE

### THURSDAY, JANUARY 26

6:30 - 8:00 AM  
Breakfast/Registration


7:00 AM-8:00 AM   
Setting Up for Success  
in Outpatient Joint  
Replacement  
Ed Mariano, MD, MAS, FASA

8:00-9:00 AM   
Laryngospasm:  
Myths and Misconceptions  
Karen Sibert, MD, FASA

9:00-10:00 AM   
The Anesthesiologist and the  
Severely Preeclamptic Patient  
Joy Hawkins, MD, FASA

10:00-10:30 AM  
Break/Visit the Exhibits


10:30-11:30 AM  
Explaining Anesthesia Costs Due  
to Non-Anesthesia Factors  
Amr Abouleish, MD, FASA

11:30 AM-12:30 PM   
Non-Obstetric  
Surgery During Pregnancy:  
Current Controversies  
Joy Hawkins, MD, FASA


12:30 pm  
Meeting Concludes for the Day

### FRIDAY, JANUARY 27


6:30 - 8:00 AM  
Breakfast/Registration


7:00 AM-8:00 AM   
From Print to Practice:  
Hot Off the Press in  
Obstetric Anesthesiology  
Joy Hawkins, MD, FASA

8:00-9:00 AM  
"You're Not My Boss":  
Changing Behavior for the  
Good of the Group  
Amr Abouleish, MD, FASA

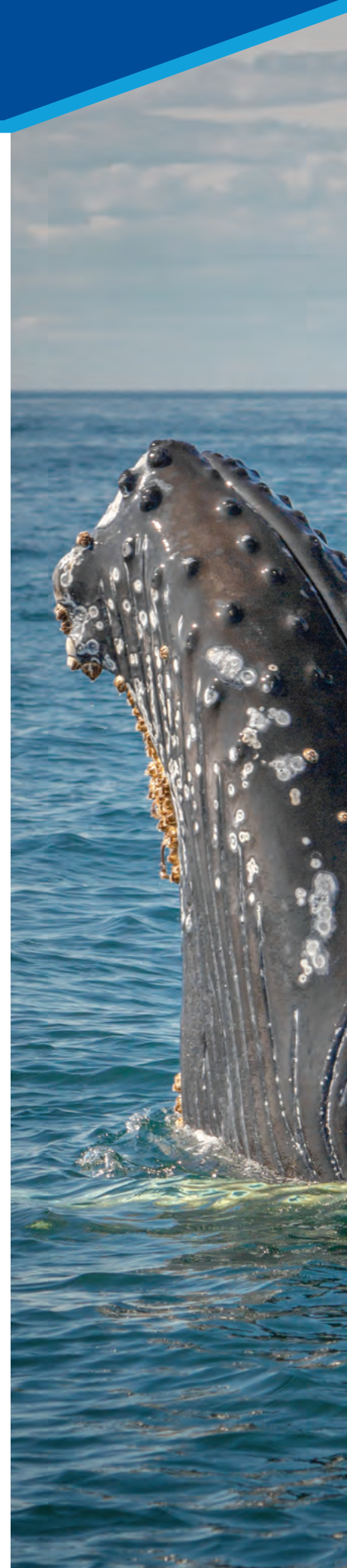
9:00-10:00 AM   
The Role of Acute-  
Care Prescribing in  
the Opioid Epidemic  
Chad Brummett, MD

10:00-10:30 AM  
Break/Visit the Exhibits

10:30-11:30 AM   
New Fascial Plane Blocks:  
Passing Fad or Here to Stay?  
Ed Mariano, MD, MAS, FASA

11:30 AM-12:30 PM   
Perioperative Management  
of Chronic Opioid Users and  
Patients with Opioid-Use  
Disorder  
Chad Brummett, MD

12:30 pm  
Meeting Concludes for the Day





## PLANNING COMMITTEE AND STAFF

The following members of the CSA Education Program Division participated as planning committee members. In accordance with ACCME Standards of Integrity and Independence, all planners and staff must disclose financial relationships with ineligible companies. All relevant financial relationships have been mitigated.

### **RICHARD APPLGATE, II MD, FASA**

**Contracted Research:** Masimo, Merck (ended 2022), Pfizer (will end 2022), Paion, Haisco (to begin in 2022)

### **SHALINI SHAH, MD, MBA**

**Paid Speaker:** Allergan

**Consulting Fees:** Masimo, SPR Therapeutics

**Stock:** Johnson & Johnson, 3M

### **ED MARIANO, MD, MAS, FASA**

*CSA Staff have no relevant financial relationships*





## GENERAL INFORMATION

### HOTEL ACCOMMODATIONS

The CSA 2023 Winter Anesthesia Conference will be held at:

#### Westin Maui

2365 Kaanapali Parkway  
Lahaina, HI 96761  
**Phone:** 808.667.2525

### MAKING RESERVATIONS

Reservation information will be sent to you via a confirmation email once you have registered for the conference. Room rates vary between \$320-\$459 plus taxes and resort fees.

### GROUND TRANSPORTATION

Group pickups:

#### Maui SpeediShuttle/Arthur's Limousine

SpeediShuttle and Arthur's Limousine in Maui provide shared and exclusive shuttles as well as sedan, SUV and limousine service to and from the airport or to the destination of your choice. Upon arrival, please check in at the SpeediShuttle /Arthur's counter located in baggage claim. Lei greeting at the gate is available for an additional fee.

Book Online Now or email [hrm@speedishuttle.com](mailto:hrm@speedishuttle.com). To reach by phone, please call 808.242.7777

#### Akina Aloha Tours

[www.akinatours.com](http://www.akinatours.com)  
808.879.2828

#### Roberts Hawaii

[www.robertshawaii.com/transportation/groups](http://www.robertshawaii.com/transportation/groups)  
800.831.5541

#### Maui Airport Taxi

Service is available in the baggage claim area.  
Cost: Approximately \$88.00 (up to four people with luggage)

#### Uber& Lyft

Both Uber and Lyft are on the Island of Maui.

#### Maui Airport Rental Car Companies

Many rental car companies have locations at the airport in Maui, all easily accessible just outside the terminal. Budget/Avis are close by the Westin Maui should you need just a daily rental.

#### Hotel Shuttle to Lahaina

The Westin Maui offers a free shuttle to the Lahaina area for your enjoyment. You just need to show your room key to utilize the service, schedules are available at the hotel concierge desk.

### HOW TO REGISTER

Register by one of these methods:

1. Online (preferred)
2. Fax your completed form to: **916.444.7462**
3. Call: **916.290.5830**

Mark your calendar  
for future CSA Anesthesia  
CME meetings • [CsaHQ.org/cme](http://CsaHQ.org/cme)



April 28-May 1, 2023  
San Diego, CA



July 17-21, 2023  
Four Seasons Ko'Olina, Oahu



November 6-10, 2023  
Grand Hyatt, Kauai



January 29-February 2, 2024  
Grand Wailea, Maui

