

2026

CSA WINTER CONFERENCE



California Society of
ANESTHESIOLOGISTS

JANUARY 19-23, 2026
GRAND WAILEA, MAUI



2026 CSA Winter Conference
January 19-23, 2026
Grand Wailea, Maui

Speaker lineup

Unless otherwise noted, speakers do not have any relevant financial disclosures.

David Copenhaver, MD, MPH

CSA Winter Program chair

Chief, Division of Pain Medicine and Professor, University of California at Davis

Department of Anesthesiology & Pain Medicine

Department of Neurological Surgery

Brendan Carvalho MBBCh, FRCA, MDCH, FASA

Chief, Division of Obstetric Anesthesiology and Maternal Health

Vice Chair, Faculty Development

Professor, Department of Anesthesiology, Perioperative and Pain Medicine

Stanford University School of Medicine

Disclosures: Rivanna Medical LLC Consultant and Vertex Pharmaceuticals Incorporated Speakers Bureau; Flat Medical Stock options

Hugh Hemmings, Jr., MD, PhD, FRCA

Senior Associate Dean for Research

Joseph F. Artusio, Jr. Professor and Chair, Professor of Pharmacology

Weill Cornell Medicine

Anesthesiologist-in-Chief

New York-Presbyterian/Weill Cornell Medical Center

Vivian Ip, MBChB, MRCP, FRCA

Clinical Professor

University of Calgary, Alberta. Canada.

Department of Anesthesia, Perioperative and Pain Medicine,

Director, Regional Anesthesia Division, South Health Campus

Director, Regional Anesthesia and Acute Pain Medicine Fellowship Program, South Health Campus

Christina Menor, MD, FASA

CSA President Elect

Private Practice

Nate Weitzel, MD

Professor and Chair

Department of Anesthesiology and Pain Medicine

UC Davis Health

Romy Yun, MD

Clinical Associate Professor

Department of Anesthesiology, Perioperative and Pain Medicine

Lucile Packard Children's Hospital, Stanford University

Schedule of Events

	Monday	Tuesday	Wednesday	Thursday	Friday
7:00- 8:00 AM	Copenhaver* Perioperative management of Buprenorphine in complex pain management cases	Weitzel* PBLD: Echocardiography what everyone needs to know	Ip* PBLD Truncal and lower extremity blocks	Carvalho* The Obstetric Anesthesiologist Vital Role in Preeclampsia Care	Menor* PBLD: Challenging cases “my worst day in years” types of cases
8:00-9:00 AM	Hemmings General anesthetics – is there a unitary mechanism of action?	Copenhaver* Neuromodulation and applications to the perioperative space	Yun* PBLD: Essential Neonatal Resuscitation Protocol (NRP) Updates for the Anesthesiologist Covering OB	Weitzel* Perioperative management of right heart failure and Pulmonary hypertension in the non-cardiac surgery	Hemmings* Neuromuscular blockade: an update from the neuromuscular junction
9:00- 10:00 AM	Yun Innovative Approaches to the Identification and Treatment of Pediatric Perioperative Anxiety	Carvalho* Advances and Innovations in Epidural Labor Analgesia	Copenhaver Wellness what do we know and how can we apply it	Menor* How shifting literature guidance impacts how we manage chronic medications around the time of outpatient anesthesia	Weitzel* Outpatient LVAD care – “The ins and outs”
Break (15 min)					
10:15- 11:15 AM	Carvalho* Anesthetic Considerations for Surgery in Pregnant or Breastfeeding Patients	Menor* Pushing the surgical boundaries in my freestanding surgery center – when to say yes / When to say no to new procedures	Weitzel* Anesthesia stat (“I am in the GI lab and my patient has heart failure.”)	Hemmings Are general anesthetics toxic to the brain?	Ip* Are outpatient catheter techniques safe?
11:15 AM- 12:15 PM	Ip* PBLD Upper Extremity blocks	Hemmings* Awareness under anesthesia – are we unconscious or unaware	Carvalho* Key Strategies in the Management of Postpartum Hemorrhage	Yun* Anesthesia and the Developing Brain: Neurodevelopmental Impact and Anesthetic Considerations	Copenhaver* Pain and the Puffer Fish (From the bench to the bedside) lessons from rare cases of congenital insensitivity to pain

*Denotes a MOCA lecture



Accreditation and Credit Designation



The California Society of Anesthesiologists is accredited by the Accreditation Council for continuing Medical Education to provide continuing medical education to physicians.

The California Society of Anesthesiologists designates this live activity for a maximum of 25 AMA *PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Maintenance of Certification in Anesthesiology Program (MOCA)

Maintenance of Certification in Anesthesiology Program[®] and MOCA[®] are registered certification marks of The American Board of Anesthesiology[®]

This activity contributes to the patient safety CME requirement for the CME component of the American Board of Anesthesiology's (ABA) redesigned Maintenance of Certification in Anesthesiology[®] (MOCA[®]) program, known as MOCA 2.0[®]. Please consult the ABA website, www.theABA.org, for a list of all MOCA 2.0 requirements. This activity is certified for 21 MOCA units.

Look for the asterisk (*) to designate a MOCA lecture.

Planning Committee

The following are members of the activity Planning Committee. Unless otherwise noted, they have no relevant financial disclosures

Richard Applegate II, MD, FASA
Chair, CSA Education Planning Committee
Disclosure: Masimo and Tsumura paid grants to university

Shalini Shah, MD, MBA
Vice-Chair, CSA Education Planning Committee
Disclosure: Allergan and SPR Therapeutics Consulting

David Copenhaver, MD, MPH
Program chair

CSA Staff have no relevant financial disclosures

The CSA Educational Programs Division also reviewed the syllabus and disclosures related to this education activity.